Journal Title

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Journal Article Title: Subtitle

Author Name, Primary University Affiliation, Country Author Name, Primary University Affiliation, Country

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Abstract: Abstracts (*AbstractStyle) should be one paragraph between 150 to 250 words. The abstract should be in 8 pt. Avenir Next LT Pro font. The abstract should be a summary of this work. It should not include any direct quotes or other material that would require the use of citations.

Keywords: (*KeywordsText), Insert Three to Eight Keywords, Separated by Commas and in Title Case

Introduction

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Subsequent paragraphs (*SubsequentParagraphsTextStyle) should be indented. The Eighteenth Edition of *The Chicago Manual of Style Author-Date* format must be followed. Other referencing styles and footnote citation systems are not allowed.

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First-Tier Header

The first-tier header (*SectionHeadings) should be used for the main headings. All paragraphs must consist of three sentences or more. Articles must be a minimum of 4,000 words to a maximum of 8,000 words. Only the main text is included in this word count. Articles must follow conventions of United States English in regard to proper grammar, punctuation, and typical writing practices.

Text should be single spaced. Spaces should only exist between paragraphs when using block quotes, as seen above. Please do not adjust the font scale or spacing.

Second-Tier Header



The second-tier header (*SectionSubheading1) is used for sections within the main headings. The second-tier header should be in 11 pt. Avenir Next LT Pro Light font. Headers should not be numbered.

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- Lists should use square bullet points.

Please do not alter the margins or page size. Pages must always be in portrait layout. Information in the headers will be updated when the article is typeset.

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When inserting tables and figures, position them after the paragraph in which they are described. All tables should be editable in Word. A source line is not required if the table/figure was created by the authors for this article.

Table 1: Title of Table in Title Case (*TableHeader)

Column Title	Column Title	Column Title	Column Title

Notes: (1) Tables should be no more than 5.4 inches wide. (2) Tables in landscape mode are not accepted. (3) Tables should be created using Word's Table function. Images of tables will not be accepted.

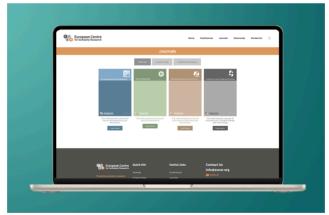


Figure 1: Caption of the Figure in Title Case (*FigureCaption)

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Discussion and/or Conclusion

This section should be used to provide an interpretation of the results of your study. Do not use any advanced Word features, such as automatic reference tools, drawing objects, automatic table of contents and table of indexes, bookmarks, background or font colors, highlighting,

strike-through, embossing, etc. The final appearance of your article may differ to some extent from this submission.

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- The authors have obtained informed consent from all participants.
- The authors declare that informed consent was not required as there were no human participants involved.

Conflict of Interest [Required: Please confirm or revise statement]

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REFERENCES

References must follow the Eighteenth Edition of *The Chicago Manual of Style Author-Date* format and be listed in alphabetical order. *CMS Notes and Bibliography* format is not permitted. Do not use the "Citations & Bibliography" tool in Word or any other referencing tool.

Kepner, Tyler. 2022. "An Imperfect Decade." New York Times, August 4. https://www.nytimes.com/2022/08/04/sports/baseball/perfect-games.html.

Pollan, Michael. 2006. The Omnivore's Dilemma: A Natural History of Four Meals. Penguin.

Weinstein, Joshua I. 2009. "The Market in Plato's Republic." Classical Philology 104 (4): 439–458. https://doi.org/10.1086/650979.

Appendix [If applicable]

The appendix should be formatted similarly to the rest of the manuscript, following the same guidelines for headers, paragraphs, and figures and tables. If multiple appendices are included, please use letters to label them (e.g., Appendix A, Appendix B, Appendix C, etc.). The appendix or appendices cannot exceed four pages. If tables or figures are included in an appendix, please label them using the corresponding appendix letter and appropriate number (e.g., Table A1, Table A2, Table B1, etc.).

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